

Glasgow Ski Racing

2024/25



Owen Vinter – World Champs 2023

Team GSR



Mat to Mountain

Development stages

1

Stage 1 - Developing skiers through the Club, learning the skills to move into early competition. Showing a proficient skill level and interest for GSR's Race Development and school's races.

2

Stage 2 - Introduction to the GSR Race Training programme on the artificial slope. This stage allows young skiers to further develop their skills and experience in racing in a safe and fun training environment with some grassroots competition..

3

Stage 3 - Moving through the GSR Race Training programme by developing skill level and racing experience on artificial slopes. At this point we are encouraging young racers to gain experience and develop those skills on snow.

4

Stage 4 - Participating in the GSR snow-based programme in Scotland and abroad. Aiming to participate in the major Alpine competitions and having long-term goals of achieving National Team selection..

Mat to Mountain

Programme

HOME - GSR Training consists of weekly training sessions August to June with a Summer programme that includes race camps, Hillend training, gate training and fitness sessions. Providing a mixture of technical work, skills development and racing on the artificial slope in Bellahouston Park, Glasgow, all delivered by highly qualified coaches.

AWAY - GSR aim to deliver 4 camps away from the Club each year. These camps include a mixture of training camps abroad in the Alps and Indoor Slopes, along with race camps and race support to all the major Alpine events in the British Calendar.



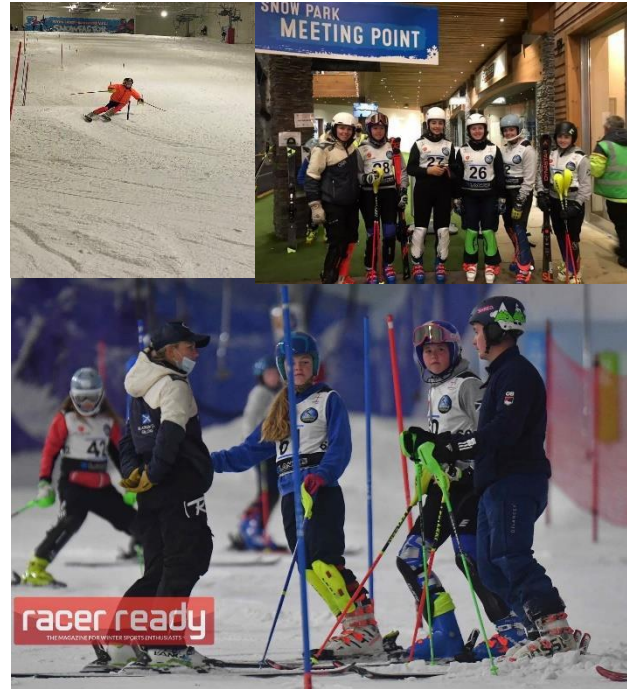
GSR Race Support Indoor & Dry Slope

4th & 5th May - GBR Race 1 & 2, Chill Factor
1st & 2nd June - Twin Peaks, Firpark & Hillend
15th & 16th June - GBR Race 3 & 4, Chill Factor

13th & 14th July - GBR Race 5 & English Indoor Chill Factor

10th & 11th August - Welsh & British Indoor Chill Factor
31st Aug - 1st Sept - Scottish & British Artificial Hillend

6th October - Craig Macfie Classic, Hillend



Oslo Indoor Training Camps

24th - 28th May 2024

26th - 30th June 2024

4 Days training within the very large Indoor facility in Oslo.

Camps include Flights & Transfers

4 Days Training Lanes & Free Skiing

Accommodation Dinner, Bed & Breakfast

Training Fees & Adult Supervision

Open to GSR Athletes only

Cost - On Application



October Race Camp Hintertux, Austria

October School Holiday: 11 - 19 October 2024

Our longest standing camp, over 20 years of running this camp brings a great deal of experience. The camp is full of activity, full days on the mountain, fitness, schoolwork, video analysis, games and lots of fun.

Coaching Staff for 2024 - Viki Williams & Nicole Ritchie
Ross Gardner, Scott Dallas and House Parents Julie Vinter
and Paula Bennett

Cost - £1,400 excluding flights



A Few of the Team



Ambition Races Austria 2025

The Ambition races will accommodate the U10/12 minis and the U14/16 racers, something for everyone. This camp includes pre – championships training in the few days leading up to the races and then race support throughout the championships.

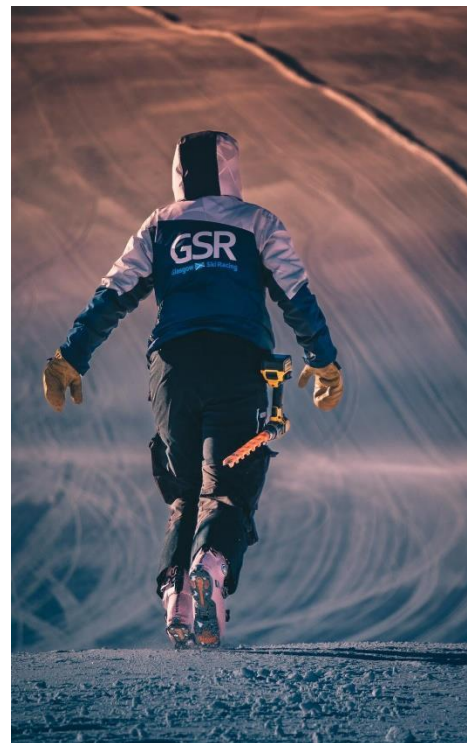
| 28th December 2024 – 6th January 2025 – 10 Days

| Cost - TBC excluding flights

| On-Hill training & race support £75 per day

| Open to all racers & Costs vary dependent on Numbers

This camp will require commitment by August 2024.



Bormio 2025

February 2025

A great camp for the whole family to enjoy the mountains. The beautiful resort of Bormio in Italy is the stunning setting for a great championship event. There are races for all age groups, with a valuable training week prior to race week.

- | Pre - training week 8 - 15 February
- | Race week 16 - 22 February
- | **Cost** - Residential £1350 per week, excluding flights
- | On-Hill training & race support £75 per day
- | **Open to all racers**



British Champs - Tignes, France

March 2025 – April 2025 TBC

U10-U16 Championships – April 2025.

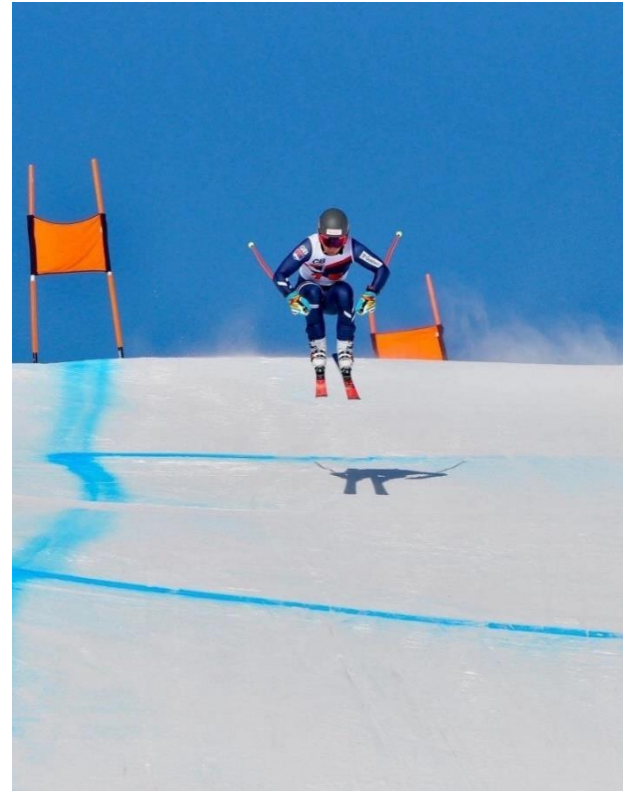
This camp includes pre championships training during the FIS Races and race support for the U10-U16 British Championships. Residential and on-hill support planned.

This camp will require commitment by August 2024.

Staff for 2025 – TBC

Residential Cost - TBC excluding flights – dependant on numbers

On-Hill - £75 per Day



British Overall Super G & Junior Downhill
Champion 2022 – Owen Vinter

A Few of the Team



**Scott Dallas & Viki Williams
Nicole Ritchie (right pic)**

Our coaches have all come through our Club and are part of an amazing team of people who love what they do. Ex Racers and passionate skiers who inspire our kids.



**Andrew Prenelle, Nicole Richie
Dallas & Julie**

Very lucky to have a talented, experienced team of coaches. Amazing fun and lovely people who make running this programme some of the best times ever. .

